

# The Wandering GOURMET

## sponsor of the month

Meal delivery services are extremely popular right now. Did you know that there are two local meal delivery services located right here in Rochester Hills? The Wandering Gourmet specializes in customized meals and delivers them directly to your refrigerator. Now Plating is a new online meal delivery company with a menu that changes weekly. Clients order from the website and meals are delivered to their doorsteps.

With summer winding down and a new school year about to begin, the chefs at The Wandering Gourmet and Now Plating are working hard to ensure a smooth start to their busy season. Anticipating a full schedule, the office is building menus for this coming fall. Tired of asking yourself “What’s for dinner?” These services could be your answer to simplifying dinner time.

The Wandering Gourmet is Michigan’s largest personal chef company. They have been preparing homemade meals for over 14 years. “Just last week a client told us we were in business before it was cool”, said Liz Engel, President of The Wandering Gour-



Mexican-Style Chicken Soup

met. Starting out with a single client, they now bring dinner to the table for over 100 families per month. Unlike other personal chef companies, there is no need to clear your calendar, straighten your counter, or lock up the dog. The Wandering Gourmet prepares from-scratch meals in their commercial kitchen, avoiding unused grocery waste and unnecessary specialty ingredients cluttering cabinets. The Wandering Gourmet punctuates their meal plans as all great dinners should be – with delicious desserts, on the house.



Sesame Noodles with Thai Basil and Peanuts with Asian-Style Kale Salad with Tamari-Ginger Vinaigrette

Contact The Wandering Gourmet to schedule a consultation for from-scratch meals tailored to your family’s tastes. After a short 30-minute in-home visit to establish your taste preferences and dietary considerations, their meal planning specialist will build your unique menu for your first cook day.

Now Plating is Metro Detroit’s newest online meal delivery service. Like The Wandering Gourmet, meals are fresh-prepared and delivered to your home. Menu options change weekly and are ordered on their website. Items include classic favorites like chicken parmesan and beef stroganoff to dishes from all over the globe, like moussaka and chicken shawarma. Now Plating also offers vegetarian meals such as sweet potato and black bean burritos or vegetable “meat” loaf. A variety of soup, salad and dessert selections can also be ordered.

Browse Now Plating menus by visiting their website. From there you can register to set up your delivery day. Once you receive your welcome email, you can begin ordering meals - it’s that simple!

Now Plating and The Wandering Gourmet are quality-driven and local. Unlike other meal kit delivery services who only provide recipes and raw ingredients, these services provide prepared meals, ready for you to warm. They shop daily, hand-selecting fresh produce and other ingredients. The meals are packaged in disposable containers that go from refrigerator to oven to table to trash. There is no need for planning, shopping, chopping or cleaning. Simply warm your meals, and enjoy.





Italian-Style Chicken and Vegetable Soup



Pork with Cranberry-Port Sauce with Mashed Sweet Potatoes



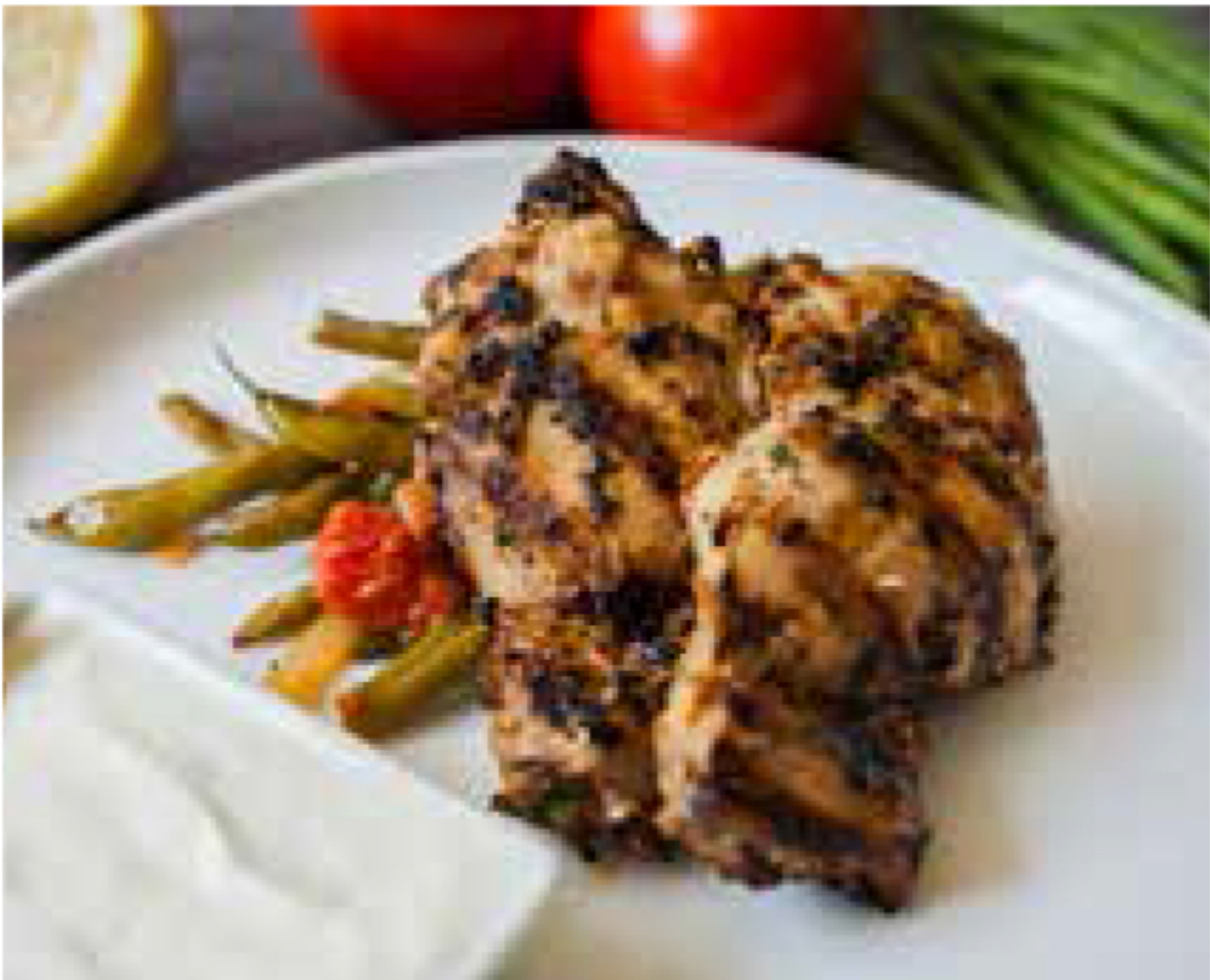
Loaded Spinach Salad



586.212.1599  
[www.wanderinggourmet.com](http://www.wanderinggourmet.com)



HOMEMADE MEALS DELIVERED™  
[www.nowplating.com](http://www.nowplating.com)



Middle Eastern Style Herb and Garlic Chicken with Braised Green Beans with Tomatoes and Garlic



Italian Sausage-Gnocchi Soup